



A Journey into Wellbeing

Massage Experiences at Conti di San Bonifacio



Where Relaxation Begins

We are delighted to care for your wellbeing and make your stay at our resort even more relaxing.

We offer a selection of massage experiences designed to help you unwind, release tension, and fully enjoy a moment of pure relaxation during your time with us.

The San Bonifacio family

AND THE SAN BONIFACIO TEAM





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Signature Experience

SAN BONIFACIO SIGNATURE RITUAL

€ 195,00 - 80 mins

An exclusive ritual created for the guests of Conti di San Bonifacio. This treatment combines relaxing and deep techniques with flowing movements that work on both the body and nervous system.

A complete sensory experience designed to restore balance, energy and harmony.



Massage Experiences

RELAX MASSAGE - CALIFORNIAN FLOW

€ 135,00 - 50 mins

A deeply relaxing massage characterized by slow and fluid movements that help release stress and promote full body relaxation.

DEEP TISSUE MASSAGE - HAWAIIAN ISPIRED

€ 135,00 - 50 mins

An intensive technique working on deeper muscle layers to release accumulated tension and restore mobility.



SWEDISH MUSCLE RECOVERY

€ 135,00 - 50 mins

A stimulating massage that improves circulation and helps the body recover from physical fatigue and muscle tension.

Couple Experiences

COUPLE MASSAGE

€ 210,00 - 50 mins

A shared wellness experience where two guests enjoy their treatments in the same room, creating a relaxing and intimate moment.

FOUR HANDS MASSAGE

€ 230,00 - 50 mins

Two therapists work simultaneously with synchronized movements, creating a unique and deeply relaxing sensory experience.

Targeted Treatments

TARGETED MASSAGE
(neck - back - legs - feet)
€ 90,00 - 30 mins

A shared wellness experience where two guests enjoy their treatments in the same room, creating a relaxing and intimate moment.

CRANIOSACRAL THERAPY
€ 90,00 - 30 mins

A gentle technique that works on the craniosacral system, promoting deep relaxation and nervous system balance.

OSTEOPATHIC TREATMENT
€ 100,00 - 30 mins

A gentle technique that works on the craniosacral system, promoting deep relaxation and nervous system balance.



Body Rituals

LYMPHATIC DETOX
RITUAL (scrub + mud +
lymphatic drainage)

€ 210,00 - 90 mins

A complete body ritual combining exfoliation, detox mud and lymphatic drainage to stimulate circulation and promote a feeling of lightness.

Facial Treatment

FACIAL REJUVENATION
TREATMENT

€ 135,00 - 60 mins

A relaxing facial treatment that restores skin brightness while promoting deep relaxation.

Wellness Activities

PRIVATE YOGA SESSION

€ 90,00 - 60 mins

A private yoga session focused on relaxation, mobility and the connection between breath and movement.

